

Condé Nast Traveler

HOW TO
GET THE
BEST SEAT
IN
COACH

TRUTH IN TRAVEL

APRIL 2006

INTIMATE CARIBBEAN

13 ISLANDS YOU CAN (ALMOST) CALL YOUR OWN

EXCLUSIVE

THE NEW **SEVEN
WONDERS**

AMAZING SIGHTS
WORTH THE TRIP

TOP 50
SPAS

SPAIN
BEAUTY AND
A BARGAIN









82 FEEL-GOOD GETAWAYS
HOW SPOILING YOURSELF CAN HELP OTHERS
(A WORLDWIDE GUIDE)



U.S.A. \$4.50
Foreign/Canada \$5.50

DESTINATION SPAS

Miraval Life in Balance rockets to the top, propelled by perfect scores for Service, Cuisine, and Programs. The last category is getting even better since September, when the spa hired wellness guru and best-selling author Dr. Andrew Weil to develop programs and lead workshops. Poll stalwart Canyon Ranch, at its spas in the Berkshires and the Arizona desert, continues to deliver solid scores in nearly every category.

	 Number of Rooms	 Doubles	 OVERALL SCORE	 Location/Setting	 Treatments	 Staff/Service	 Rooms	 Diet/Cuisine	 Programs/Facilities
<i>Miraval Life in Balance,</i> Catalina, Ariz.; 800-232-3969	103	\$\$\$	95.9	95.5	95.0	100	85.0	100	100
<i>Canyon Ranch in the Berkshires,</i> Lenox, Mass.; 800-742-9000	126	\$\$\$	84.7	95.8	91.7	87.5	66.7	75.0	91.7
<i>Canyon Ranch,</i> Tucson, Ariz.; 800-742-9000	185	\$\$\$	84.5	100	82.1	82.1	60.7	93.1	88.9
<i>Ten Thousand Waves,</i> Santa Fe, N.M.; 505-992-5025	13	\$	72.3	88.0	91.3	83.3	64.7	35.7	70.8

Key: \$ = less than \$249 per day \$\$ = \$250-\$449 \$\$\$ = \$450 or more.

Rates are for a double room for two people during the month of April; some properties have minimum-stay requirements.