

**25** PEOPLE TO BLAME  
For the Economic  
Mess We're In



The Trouble  
With Talking  
To Iran

Why Boomers  
Hijacked  
Facebook

# TIME



**Mind & Body**  
Special Issue

## How Faith Can Heal

BY JEFFREY KLUGER

**Pilgrimages.** When a spa is spiritual  
enough, thank you very much

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|---|--|
| 1 Chiva-Som, <i>Hua Hin, Thailand</i>                               | 5 Ten Thousand Waves<br><i>Santa Fe, N.M.</i>        |
| 2 The Raj Maharishi Ayurveda Health Spa<br><i>Fairfield, Iowa</i>   | 6 Ananda in the Himalayas<br><i>Rishikesh, India</i> |
| 3 Mii Amo Spa at Enchantment Resort,<br><i>Sedona, Ariz.</i>        | 7 Canyon Ranch, <i>Lenox, Mass.</i>                  |
| 4 Mandarin Oriental Riviera Maya<br><i>Playa del Carmen, Mexico</i> | 8 COMO Shambhala Retreat<br><i>Uma Paro, Bhutan</i>  |

