

THE SPA TRAVEL & LIFESTYLE MAGAZINE

# Spa finder

WORLDWIDE  
SPA DIRECTORY

READERS'  
CHOICE  
AWARDS

60 TOP  
SPAS

For Massage, Yoga,  
Fitness, Food,  
Health and More

SOUTH  
AFRICA'S  
SAFARI  
SPAS

GREAT  
NEW  
YORK  
HOTEL  
SPAS

## THE TOP SPAS BY SIZE

**Best Boutique Spa (fewer than 15 rooms)**

**Ten Thousand Waves, New Mexico**

A Santa Fe take on a traditional Japanese *onsen*, Ten Thousand Waves is built around tranquil outdoor hot tubs. Guests spend their days soaking and having spa treatments and stay in Zen-style cottages and suites amid the piñons of the Sangre de Cristo Mountains.

SIMPLY  
ELEGANT  
HEALTHY  
RECIPES  
FROM THE  
ROYAL  
PALMS



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