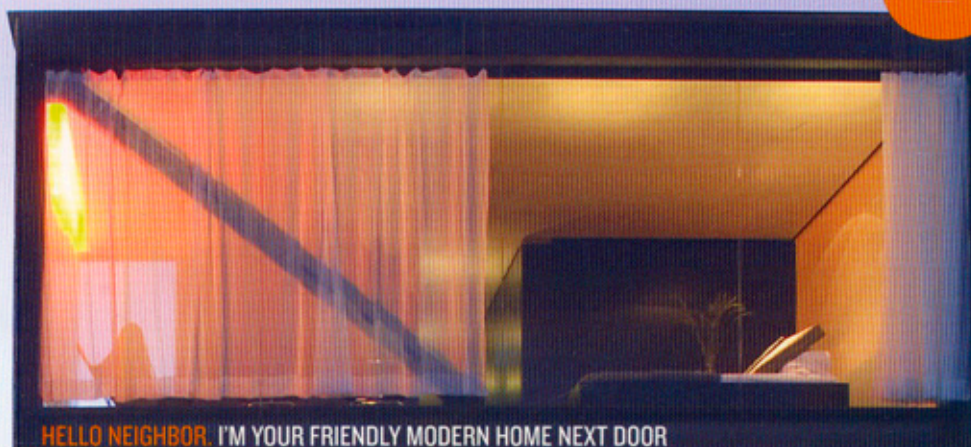


[ RELAX & REVITALIZE: ASIAN SPA TREATMENTS THAT WILL PAMPER YOU ]

# Desert Living

MODERN LUXURY FOR THE DESERT

ROOM  
WITH A  
VIEW



HELLO NEIGHBOR. I'M YOUR FRIENDLY MODERN HOME NEXT DOOR

#### JAPANESE YASURAGI TEN THOUSAND WAVES

3451 Hyde Park Road; Santa Fe, NM

505.982.9304; [www.tenthousandwaves.com](http://www.tenthousandwaves.com)

Ten Thousand Waves Japanese Health Spa in Santa Fe, NM is the only spa in the country that offers the Nightingale Facial. Duke Klauck, owner of Ten Thousand Waves, sourced "the only nightingale poop facial cream factory left in Japan that pulverizes and purifies it for geishas, who [use] it to soften and whiten their faces," he said. However, I opted for a "non-poop" head and neck yasuragi massage that moisturizes and conditions with a warm concoction of camellia, rice bran, sesame, and jojoba oils. Known for onsen, or Japanese-style hot springs, Ten Thousand Waves is the ultimate desert purifier. After Oprah Winfrey talked it up on her show, this onsen became truly "hot." The Waves has 130 licensed therapists catering to about 225 guests daily. Some stay in one of their 12 Japanese-style suites, such as the elegant Suigetsu or the Zen-style Yado, which thankfully, does not include a television.

>>> spas

[ FENG SHUI FOR THE SOUL ]

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HIT THE SLOPES IN UTAH  
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